




# Hopkins Women's Soccer

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2020-2021 Season  
March 10, 2021, 6pm  
Hopkins High School Cafeteria



# Meeting Agenda

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- Staff Introductions
- Soccer Program
  - Off season training
  - Michigan Power Futbol
- Middle School Overview
- Varsity/JV
- Parent Volunteer

**HOPKINS**



**LADY VIKINGS**

# Staff Introductions

## Coach Fred Klein, Varsity

My passion for the game stems from my daughters interest . I have coached at several different levels of the game with my emphasis always on player development now for almost 10 years. I recently completed my course work for my USSF sanctioned D license and will complete my certification on 3-27 My goal for this season is to create a style of play that will meld our many different talent levels. Most importantly I look forward to watching our players get to play their game.



## Coach Jake Remington, JV Varsity/Asst Varsity

Coach Jake is currently a student at Western Michigan University studying in Food Marketing. Coach Jake had his first season of coaching in the fall as an assistant and head goalie coach at his high school alma mater, West Michigan Aviation Academy in Grand Rapids. He is also helping out as an assistant and member of the goalie coach staff at TKO Premier SC in Kalamazoo. Coach Jake expresses that even though he only played soccer his senior year of high school, his passion for the game comes from the tactical side of the game and mentally playing a 90 minute chess match against opposing coaches. He is super excited to be working with everyone on the staff and can't wait for the season to start!



# Staff Introductions

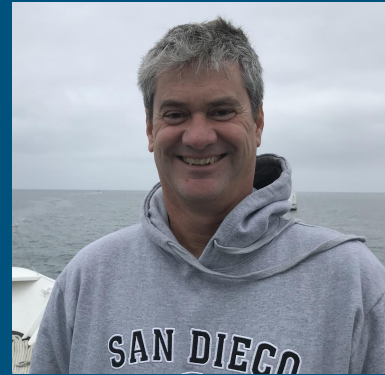
## Coach Sam Sebright, Goalie Coach

Coach Sam Sebright, as she brings back her experience with assisting our goalies. She's currently a freshman at Cornerstone University, studying Elementary Education. Coach Sam was the Hopkins varsity goalie for 4 years and now plays goalie for Cornerstone. She is very excited to be a part of the Hopkins Women's Soccer coaching crew and can't wait to work with the ladies this spring!



## Coach Kraig Stephenson, Middle School

I've lived in Hopkins school district all my life. I've been coaching since 1998. I have two kids Jordan and Bailey. Both played soccer at Hopkins. Jordan was part of the first class to play soccer in Hopkins. Our goals for the season are always to enjoy the game and get our skills ready to play high school soccer.



# Staff Introductions

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## Mahea Davis, Team Parent Manager (Varsity)

Mahea has been apart of the Hopkins soccer community since 2011 - coaching or assisting. She has actively assisted the Hopkins Women's program for the last couple of years.



## Pam Zalis, JV Parent Manager

Pam is a very seasoned soccer mom with all 3 Zalis girls playing since they were 4 years old. She was a member of our Hopkins AYSO board and has coached many of our current Lady Vikings throughout the years.



# Hopkins Women's Program

## Program goal

The Hopkins Women's program moves in the direction of building the community's soccer culture into a rich program. Our focus is not about the wins, it is about the growth of each player as they move up the levels of competition. We will ensure that they are well rounded tactically, emotionally and physically for the game of soccer. We can also achieve this with fun and kindness for each other.

## Off season training/Michigan Power Futbol

Speed & Agility, Weight Training and any yoga sessions are free to all Lady Viking's soccer prospects during off season and conducted by Chloe Haddad with Fit Pit, she is a certified trainer.

In order to keep this free, fundraising must be a priority. It is required that Varsity and JV levels participate in purchasing the program hoodie for the season; MS program is highly recommended but not required. Due to being an off season sport, the gyms surrounding the MS/HS are reserved for in season sports.

Michigan Power Futbol host our technical training, in the future, our program will start to require this training for all Varsity seeking players.

# MS Overview

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Season starts after spring break - April 12

Practices are after school until 4:30

Highly recommended to purchase team hoodies. Mandatory purchase of at least one pair of game socks - expected cost \$10/pair.

Please listen in on the Policy, Procedures and Expectations for JV & Varsity, they will pertain to MS, especially as they continue with the program.

Few words were spoken by Brad Breining in regards to the importance of supporting our Hopkins AYSO program - program is always in need of referees. Please contact him for more information.



# Varsity/JV Required Purchases

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- Team Hoodies - Required purchase for Varsity and JV, serve two purposes: fundraising for off season training, team uniformity. Expected cost \$40-45
- Banners - Required purchase for Varsity only, individual banners will be displayed at the soccer stadium for the season and be given back to the player afterwards. Cost \$45 - pictures on March 30th right after school
- Socks - a minimum of one pair of socks will need to be purchased - program supplies Home/Away jersey, shorts, equipment bag, and parka\* Expected cost \$10/pair
- Starting 2021-2022, Michigan Power Futbol - technical training. Expected cost \$110-130 (scholarships will be available)

\* Parkas are only supplied before games dependent on the weather





# Varsity/JV Season

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- For the 2020-2021 season, Coach Fred will not allow dual sports (ie soccer and track, soccer and softball, soccer and golf). He would like to minimize any situations of the seniors not being able to finish their season due to quarantine guidelines from exposure of another sport. Please contact Coach Fred directly for further dialogue.
- Home games - Hopkins football stadium, played at 6pm
- Team dinners - to be done in the cafe, each family will sponsor a game (no food allowed on buses)
- Senior night - last home game of the season
- Admissions of \$5 for all games will be required for Varsity and JV games. Punch cards are accepted for home games. We will need parents to man the booths - please keep an eye out for the athlete sign up genius link. Please note this is a MHSAA change not the schools.



# Parent Volunteers

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The coaching staff needs parents engagement in order for this program to succeed. There will be a few parent volunteer opportunities to assist with the shift in our soccer culture.

Parent Manager is a full academic year commitment. This position works closely with the varsity coach throughout the year. Duties could include parent communication, TeamSnap maintenance, vendor communication (uniforms, etc)

Other volunteer positions are our JV and MS parent managers. These positions are only needed during the spring season. They would assist the JV and MS coaches as well as the overall parent manager. Mostly assisting with set up of team dinners and/or any team activities.

Please email Mahea at [piperrae808@gmail.com](mailto:piperrae808@gmail.com) if you are interested in helping with middle school for this season or for next year.